



NWT
**RECREATION
& PARKS**
ASSOCIATION

2013 • 2014 Annual Report



The NWTRPA is a non-profit organization. Our mission is to promote the inclusion of recreation and parks as key to our way of life. We do this by supporting leaders, communities and partners through training, advocacy and networking.

Recreation for Life!



nwtrpa.org



Strategic Goals

The NWT Recreation and Parks Association 2011-2014 strategic priorities are: to support training and leadership for community recreation leaders; to provide communities with programs that improve access to recreation services for their residents; and to advocate on behalf of the NWT recreation sector at the community, territorial and national level.

2013–2014 Activities

Goal #1

Increase the skills and knowledge of recreation leaders so they are better able to deliver quality recreation programs and services:

- 40 training events were hosted in 16 communities; and 473 people participated in NWTRPA training and professional development events.
- The NWTRPA now delivers School of Community Government Recreation Leaders Certificate Program courses. The NWTRPA and Department of Municipal and Community Affairs entered into an agreement to deliver 5 of the program's 10 courses.
- The NWTRPA hosted the largest Elders in Motion Training Gathering (see opposite page) and continues to offer territorial training events with the Annual NWTRPA Conference, HIVE FIVE® and On the Land Programs.

Goal #2

Increase community recreation opportunities for NWT residents:

- Training, funding and support was provided to 4 Elders in Motion Programs and 8 On the Land Programs.
- Funding and logistical support was provided to Regional Aquatics Training Centers to build their instructor and professional capacity to deliver training for both their own communities and to communities in their region that have seasonal pools.
- Through Get Active, the NWTRPA supported 81 groups from 31 NWT communities with Get Active grants. Over 6,357 NWT residents participated in 210 events.
- The Walk to Tuk Challenge engaged over 1,600 participants on 102 teams from across the NWT. Calculated in hours of exercise, Walk to Tuk participants on average accumulated 245 minutes of weekly exercise, which is 95 minutes more exercise than the 150 minutes recommended in the Canadian Physical Activity Guidelines for adults. This was all done during the darkest and coldest time of the year!

Goal #3

Advocate to federal, territorial, and local leadership to prioritize NWT community recreation programs and services:

- A long-term partnership with the Arctic Institute for Community-Based Research was initiated to work together on a Healthier Lifestyles project.
- Work with the Recreation and Parks Association of the Yukon and Recreation and Parks Association of Nunavut was initiated to investigate a pan-territorial strategy to strengthen community recreation capacity.
- The NWTRPA continues to host a Territorial Aquatics Committee that advocates for policy changes related to public pools and water safety.
- The NWTRPA continues to be active members on the Boards of the Canadian Parks and Recreation Association and the Canadian Recreation Facilities Council.

THANK YOU!

We owe our successful year to the dedication of our Board of Directors, volunteers, staff and our members. Thank you to our funders and sponsors who make our work possible. We look forward to another great year ahead!

2013–2014 Highlights

ON THE LAND



The NWTRPA works with groups for up to 3 years to help them develop safe and sustainable On the Land Programs for youth. NWTRPA offers risk management planning, skills training and certification. The NWTRPA has worked with 8 groups in 2013-2014. Below is a description of 2 programs.

In August 2014, 6 students between the ages of 12 and 17 from Fort Providence and Fort McPherson participated in the Keepers Leadership Program canoe trip. This year's 4 day canoe trip took place on Tibbitt and Terry Lakes where all participants received Paddle Canada Canoe Tripping Skills Certification. The NWTRPA has been working with the Keepers Leadership Program for the past 3 years to help mentor instructors before, during and after their canoe trips.

In March 2014, 6 female students and 2 elders (Mary Rose Enzoe and Emily Saunders) from Lutsel K'e Dene School participated in the first annual All Girls Winter Camp for 5 days at DuHammel Lake. The girls practiced various on the land skills, built a quinzee, played games and slept hard! This was the first year of our partnership with Lutsel K'e Dene School and we look forward to our future work together.



Lutsel K'e All Girls Winter Camp: Learning to use mechanical advantage to rescue a snow machine from overflow.



The 2014 Elders in Motion Training Gathering was the 3rd territorial event organized by the NWTRPA with 81 elders, health professionals, home care and personal support workers, students, and recreation leaders from 20 NWT communities attending. The focus of the two-day event was on falls prevention.

The event hosted sessions on the Department of Health & Social Services Falls Prevention Framework, Small Ball Exercises, Functional Fitness for Falls Prevention, Tai Chi demonstrations and small group discussions on Elders in Motion programs.

Delegates learned the importance of Elders in Motion programs play in falls prevention: Exercise is basic to falls prevention but individuals need to stick with an exercise program and incorporate balance and strength training into their programs.

The Training Gathering also hosted the NWTRPA Active Elder Award presentation that was awarded to Wilfred Jackson of Fort Good Hope.



2014 Elders in Motion Training Gathering participants.

2013 NWTRPA Award Winners



In September 2013, the NWTRPA celebrated excellence in recreation with our Annual Awards Ceremony in Fort Smith. The award winners were:

- **Jacqueline Thompson**, Fort Simpson – Scott McAdam Youth Leadership Award
- **Amanda Grobbeck**, Yellowknife – Innovation Award
- **Jill Taylor**, Hay River – Award of Excellence

2013 Award Winners (L-R): Awards co-presenter – Tim Van Dam (NWTRPA Board Member); Award of Excellence recipient – Jill Taylor (Hay River); Innovation Award recipient – Amanda Grobbeck (Yellowknife); Scott McAdam Youth Leadership Award recipient – Jacqueline Thompson (Fort Simpson); Awards co-presenter – Geoff Ray (NWTRPA Executive Director).

NWT Recreation and Parks Association

Statement of Operations

For the year ended March 31,

	Budget 2014	Actual 2014	Actual 2013
Revenues			
Contributions			
NWT Sport and Recreation Council	\$ 620,673	\$ 640,177	\$ 625,149
GNWT - Education, Culture and Employment	1,500	1,500	1,500
GNWT - Municipal and Community Affairs	150,000	196,543	185,000
GNWT - Health and Social Services	1,500	44,584	33,583
NWT Ski Division	-	50,000	25,000
Arctic Institute of Community-Based Research ("AICBR")	-	10,000	-
Corporate contributions	22,795	17,456	51,375
Partnership contributions	-	-	2,983
Trans Canada Trail service contract	-	-	4,500
Fees	20,500	40,175	21,127
Membership income	7,000	5,616	7,176
Other income and interest income	7,500	7,226	9,774
	831,468	1,013,277	962,667
Add: Transfer from deferred revenue-prior year	329,852	359,616	372,209
Less: Transfer to deferred revenue-current year	(32,144)	(154,651)	(359,616)
	1,129,176	1,218,242	975,260
Expenditures			
Accounting and legal	29,000	30,856	30,619
Administrative fee	-	21,519	-
Advertising and promotion	59,500	42,020	40,463
Amortization	-	2,594	2,373
Awards and bursaries	85,000	50,479	62,351
Bad debts (recovery)	-	(15)	2,521
Conferences and workshops	181,714	154,533	125,722
Dues and fees	6,500	8,029	6,884
Equipment	5,840	4,417	2,952
Insurance	8,000	7,256	7,194
Interest and bank charges	1,500	1,491	1,492
Office	10,336	8,864	10,647
Program contractors	159,523	149,539	98,854
Program materials and supplies	81,985	90,533	56,598
Recreation equipment	9,515	2,664	5,128
Rent	-	21,200	21,308
Telephone and internet	10,000	8,807	8,738
Travel	127,890	160,585	123,559
Wages and benefits	352,873	360,183	322,902
	1,129,176	1,125,554	930,305
Excess revenue before other items	-	92,688	44,955
Transfer from Tangible Capital Asset Fund	-	4,417	2,952
Refundable portion of contributions received	-	(41,890)	-
Excess revenue	\$ -	\$ 55,215	\$ 47,907

Statement of Financial Position Assets

As at March 31

	2014	2013
Current		
Cash	\$ 137,481	\$ 306,017
Cash restricted - Legacy, Trail Building, and Contingency Funds (Note 3)	434,541	431,666
Accounts receivable	175,490	108,960
Prepaid expenses	19,854	9,122
	767,366	855,765
Tangible capital assets	11,676	9,852
	\$ 779,042	\$ 865,617

Liabilities

Current

Accounts payable and accrued liabilities	\$ 46,118	\$ 31,093
Contributions repayable	41,890	2,917
Payroll liabilities	26,705	17,528
Deferred revenue	154,651	359,616
	269,364	411,154

Fund Balances

Unrestricted net assets	199,203	151,204
Tangible capital asset fund	11,675	9,852
Legacy fund	237,800	232,407
Contingency fund	61,000	61,000
	509,678	454,463
	\$ 779,042	\$ 865,617

